

RAISING KIDS with BIG BAFFLING BEHAVIORS

a course for parents

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HOW TO BECOME THE EXPERT IN YOUR CHILD'S BEHAVIOR

MODULE 1

What You See Isn't
What You Get

MODULE 2

Regulated,
Connected Kids who
Feel Safe Do Well

MODULE 3

A New Lens on
Behavior

NOW! LET'S "FIX" THOSE BEHAVIORS

MODULE 4

Getting to Know the
Owl, Watchdog, &
Possum Brain

MODULE 5

Growing the Owl
Brain
with Felt Safety

MODULE 6

Growing the Owl Brain
with Connection &
Co-Regulation

MODULE 7

Calm the
Watchdog Brain

MODULE 8

Calm the
Possum Brain

MODULE 9

What to Do
when the
Owl Brain Returns

WHY KNOWING ISN'T EVEN HALF THE BATTLE

MODULE 10

Why You Can Know
What to Do, and
Still Really
Struggle to Do It

MODULE 11

How to Become
More Tolerant
of Baffling
Behaviors

MODULE 12

Keeping Your
Cool When the
Chaos Feels Like
Too Much